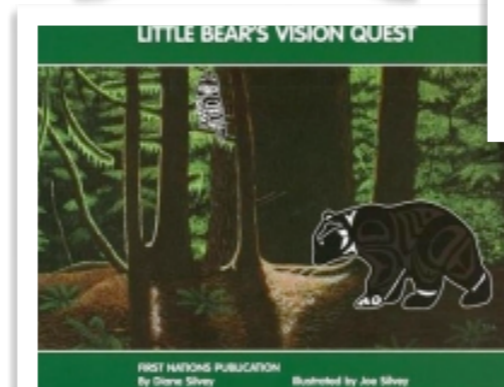
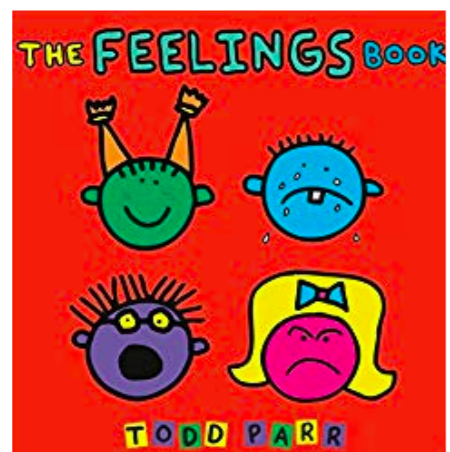
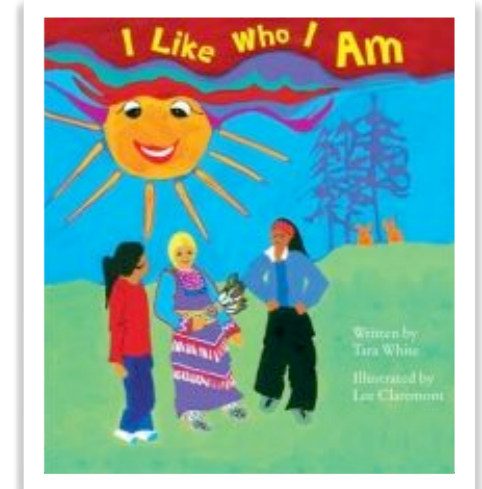
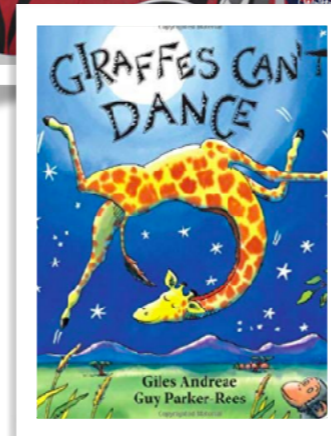
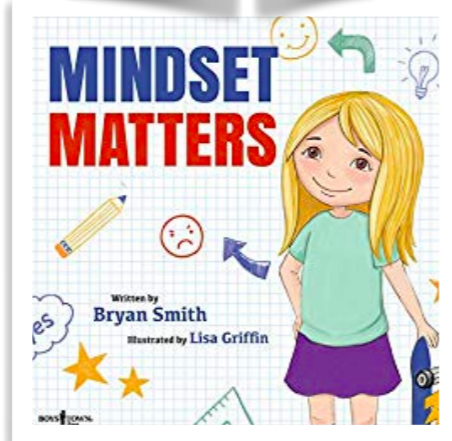
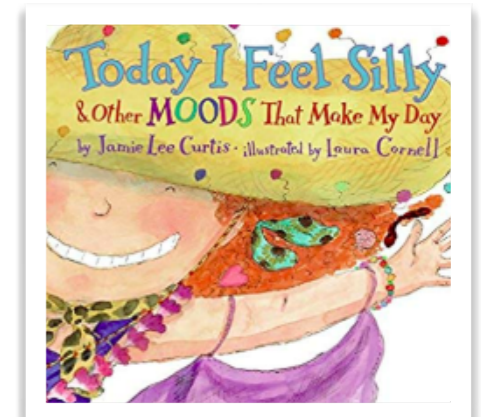
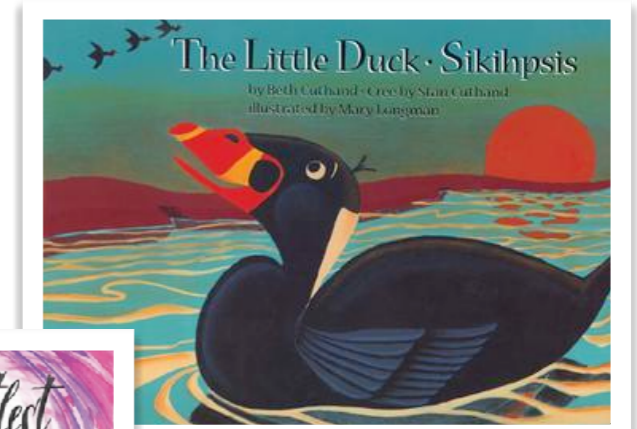
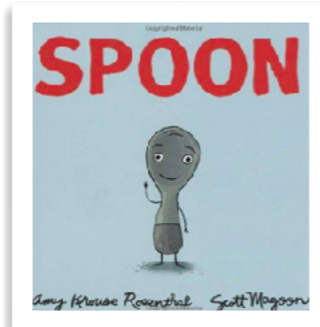


Social Emotional Learning Competencies

Self-Awareness Book Ideas



images from [amazon.ca](https://www.amazon.ca)

Social Emotional Learning Competencies



Ways to Integrate Self-Awareness

Create a classroom environment designed to help children feel safe

Create visual resources to teach emotional vocabulary

Highlight each child's talents and abilities

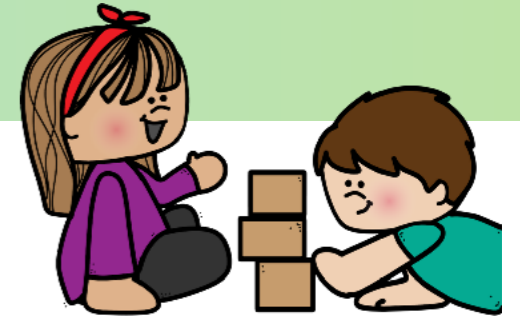
Share personal experiences about taking on and meeting challenges

Social Emotional Learning Competencies

Self-Management Book Ideas



Social Emotional Learning Competencies



Ways to Integrate Self-Management

Create visual resources to help support stress management

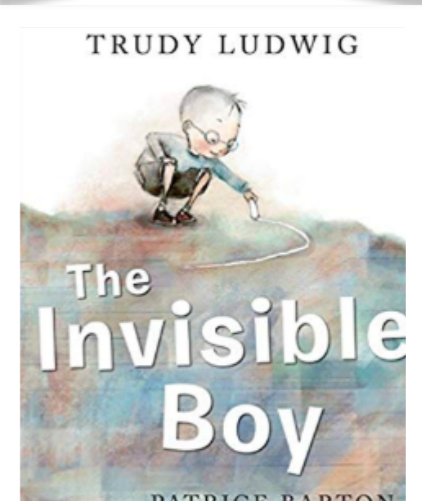
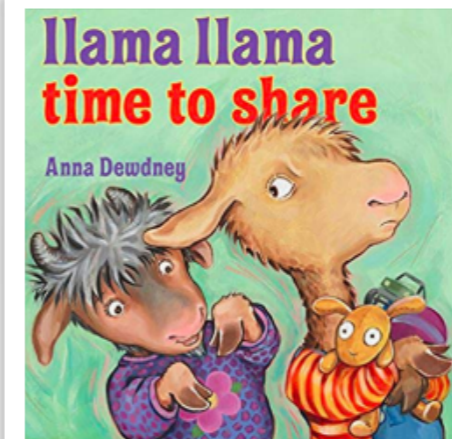
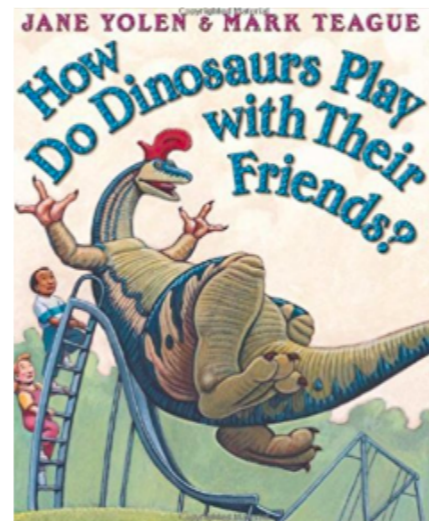
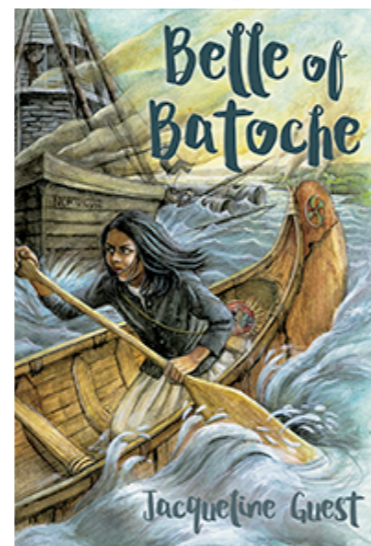
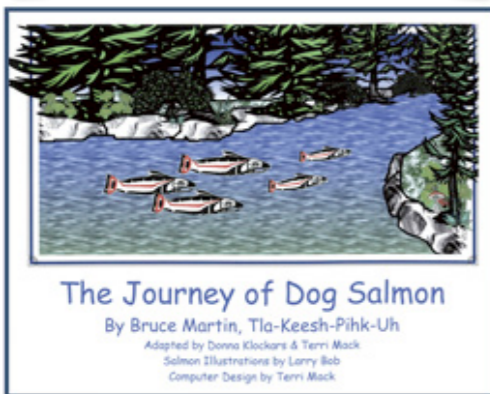
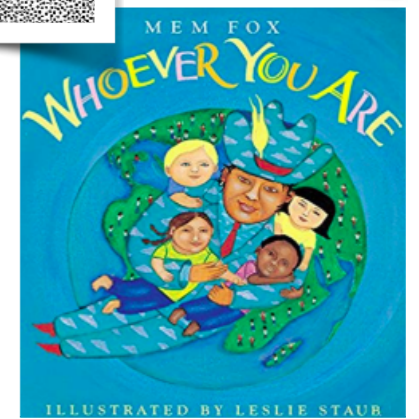
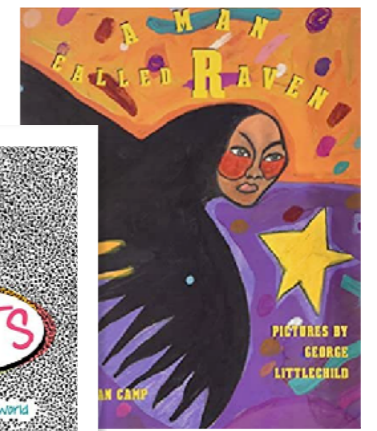
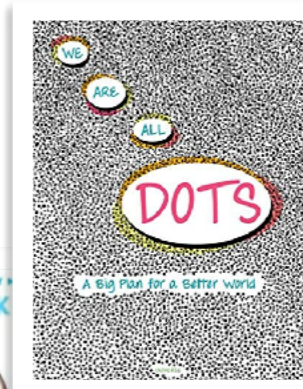
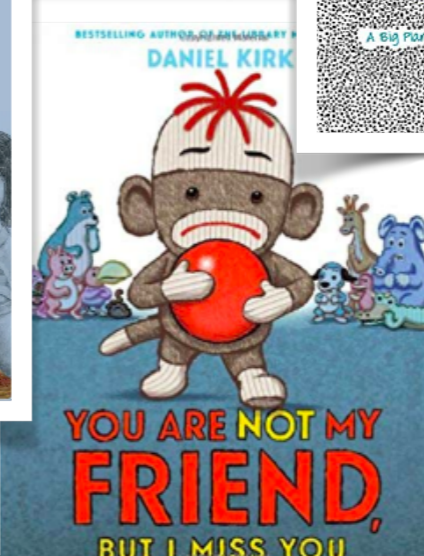
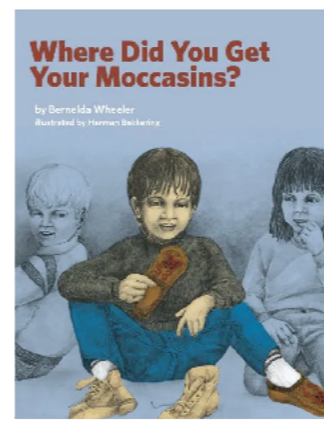
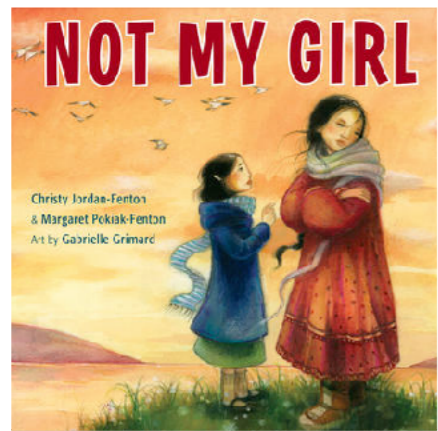
Include stress management routines as part of the daily schedule

Provide stress balls, quiet areas, and calm down kits

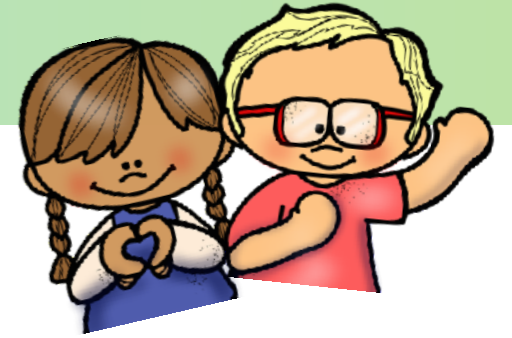
Teach problem solving strategies and routines

Social Emotional Learning Competencies

Social Awareness Book Ideas



Social Emotional Learning Competencies



Ways to Integrate Social Awareness

Use circle time for discussion – personal and academic

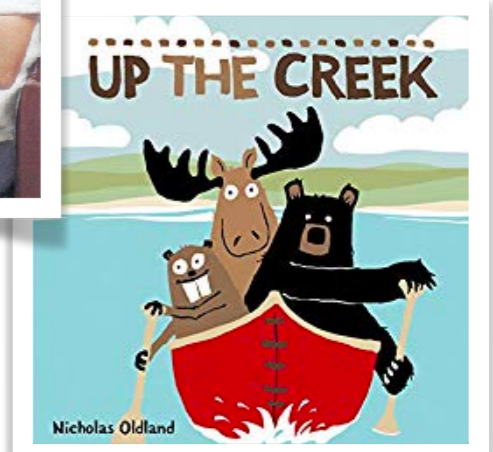
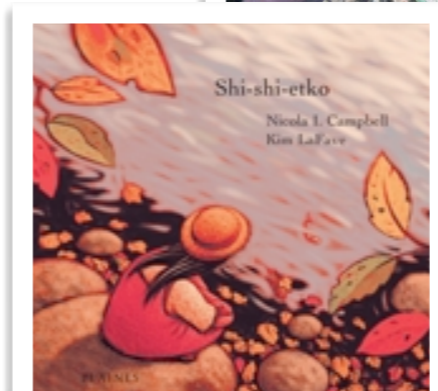
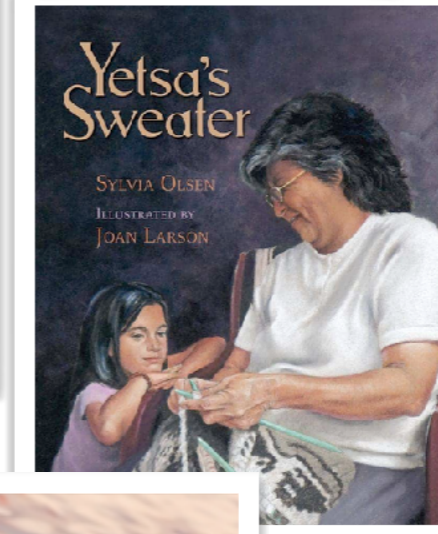
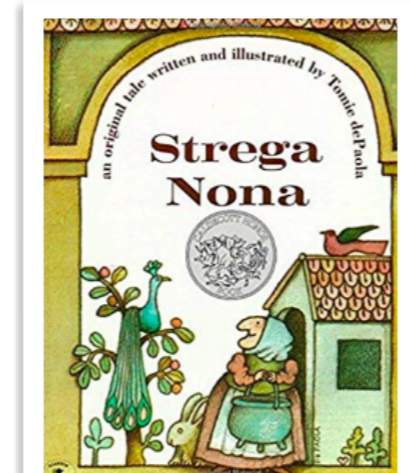
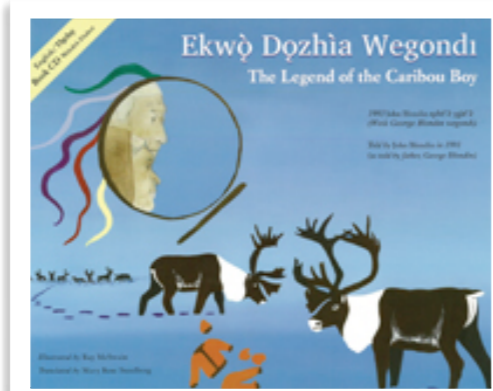
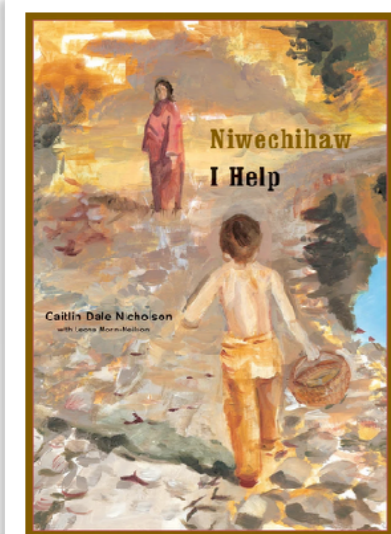
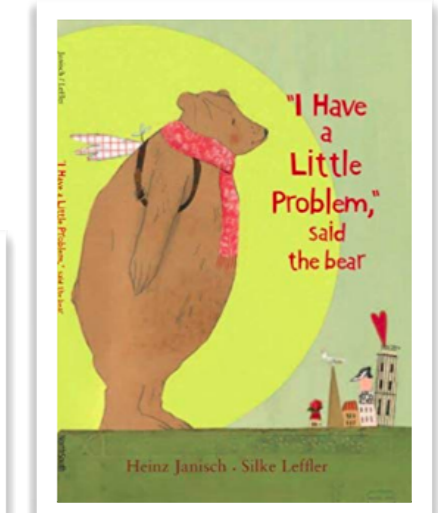
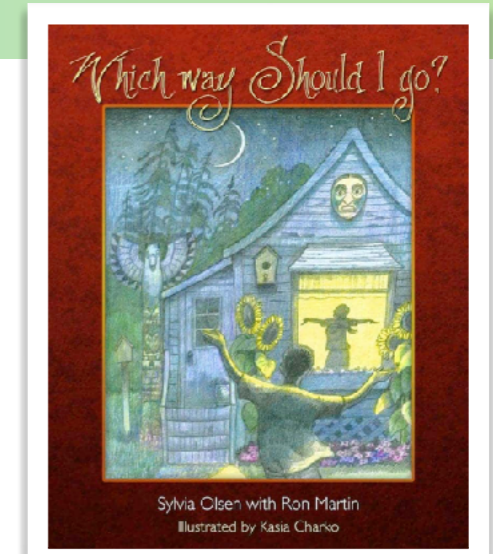
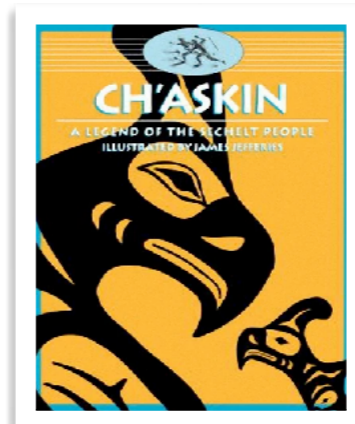
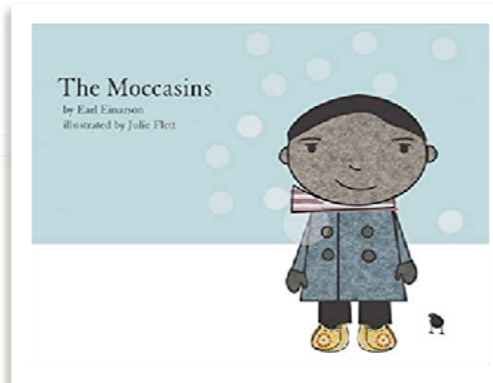
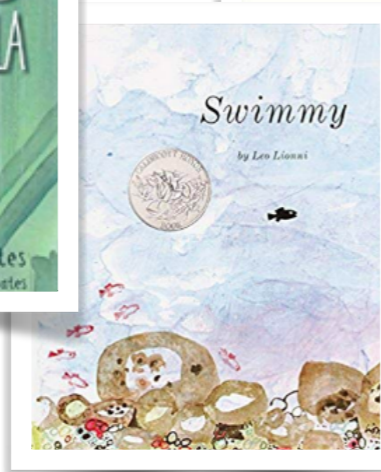
Model and encourage use of “I” statements to explain feelings

Model and encourage use of active listening

Establish and reinforce teamwork guidelines

Social Emotional Learning Competencies

Relationship Skills Book Ideas



images from [amazon.ca](https://www.amazon.ca)

Social Emotional Learning Competencies



Ways to Integrate Relationship Skills

Model and teach how to have a good discussion

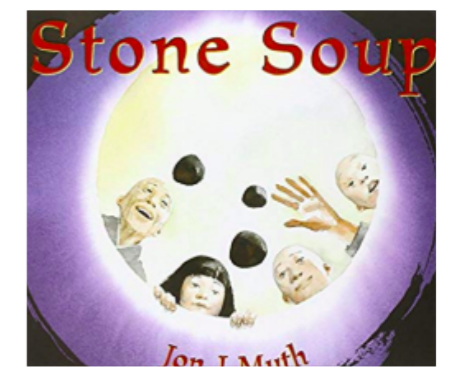
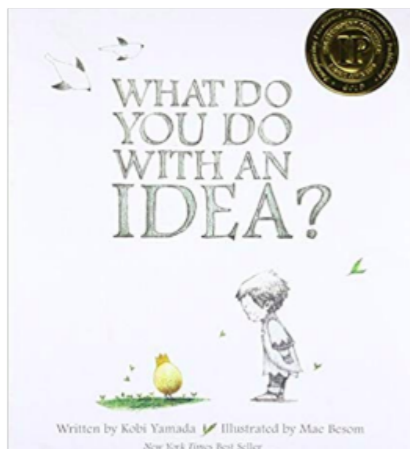
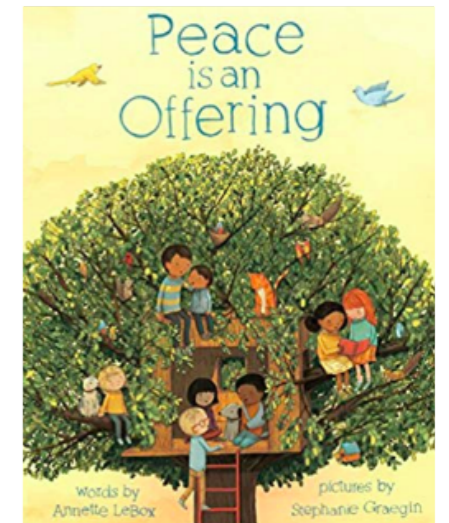
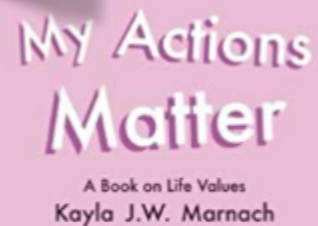
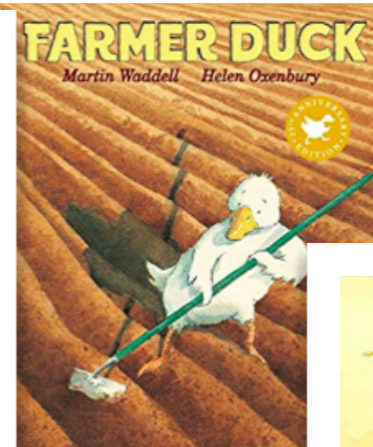
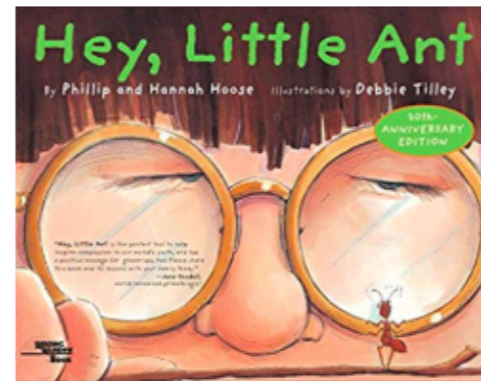
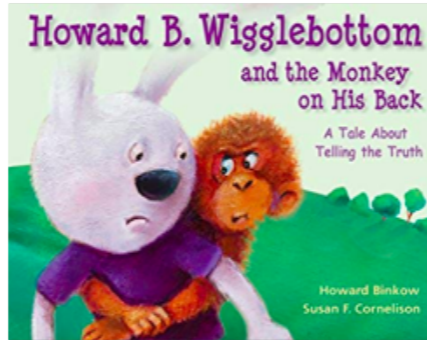
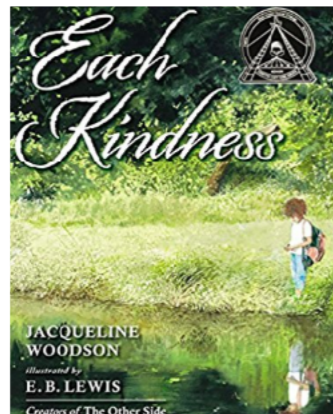
Use circle time, morning meetings, and fishbowls for discussion

Set up routines for regular partner and teamwork

Model, prompt, and reinforce – turn taking, sharing, and active listening

Social Emotional Learning Competencies

Responsible Decision Making Skills



Social Emotional Learning Competencies



Ways to Integrate Responsible Decision Making Skills

Model and
teach how to
work through
a problem

Discuss
ethical issues
presented in
stories/texts

Provide
opportunities
for
classroom or
community
service

Provide
opportunities
for student
choice/input
and
leadership