











## Self-reflection and goal setting



### The importance of self-reflection on Core Competencies and goal setting

- The Core Competencies (Communication, Thinking, and Personal and Social) are part of the B.C. curriculum and are central to the development of educated citizens.
- Self-reflection and goal setting actively involve students in the learning process.
- Self-reflection and goal-setting abilities play a significant role in helping students work toward future possibilities while developing the confidence, knowledge, and competencies necessary to thrive in an ever-changing world.

## Self-reflection and goal setting

**GOT It!**  
Growth Over Time



My name: \_\_\_\_\_

Date goal was set: \_\_\_\_\_

My Goal

Check in mark dates & progress checks here:

I am having trouble doing this right now.	I can do this with some help.	I can almost do this by myself.	I can do this by myself!

Start!

Finish! Yay!

I succeeded because:

I feel:

I learned:

Adapted from: Tools for Thoughtful Assessment – Bruce Sher, Jackson & Fries

prepared by: **POPEY**  
[www.popey.ca](http://www.popey.ca)

## Self-reflection and goal setting

### Exploring Student Work Teacher: \_\_\_\_\_

Assessment(s) Examined: \_\_\_\_\_

To consider/notate - How was the assessment administered? Note where there were differences in directions, support, prompting, scribing, etc.

Student	Strengths: What does the student have an understanding of, based on his/her work?	Areas for Growth What does the student need to work on? What is the student using, but confusing?

---

---

---

---

---

---

---

---

---

---

---

---

Planning and Assessment - Focus on Learning

Unit of Study: \_\_\_\_\_

Learning Standards (competencies & content)

Learning Goals (what will you be assessing?)

Collecting Evidence (documenting evidence of learning)

Planning and Assessment - Focus on Learning

Representation of learning (what different choices will students have to represent learning?)

Communication of Learning (how will students communicate their learning?)

Other Considerations:  
First Peoples' Principles of Learning:  
  
Core Competencies:  
  
Adaptations, modifications, extensions:

**Developing Indicators of Proficiency**

*Teacher language*

*Student-friendly language*

1. Students will be able to identify and describe setting, characters, and events using a few details.
2. Students will be able to use personal experience and knowledge to make connections and ask questions while reading texts.
3. Students will be able to communicate using letters and words and applying some conventions.

1. I can tell you about setting, characters, and events using some details.
2. I can make connections and ask questions while reading.
3. I can write using some letters and words.

---

---

---

---

---

---

---

---

---

---

---

---







### Communicating My Self-Assessment

by: \_\_\_\_\_

I talk and listen  
to people I know.

How I showed this:

I shared my  
story with  
friends.



date: \_\_\_\_\_

prepared by **POPEY**  
www.popey.ca

### Sources

#### Digital Resources

[Facilitator's Guide: Assessment Literacy in BC – Ministry of Education and Child Care](#)

[K-12 Student Reporting Policy Guidelines – Ministry of Education and Child Care](#)

[Michy Stevens, Grade 2/3 Teacher, Gibsons Elementary](#)

[BC Ministry of Education – ELA Curriculum](#)

[Updated Curriculum Overview](#)

[BC Ministry of Education – Learning Pathways](#)

#### Videos

[SD23 – Descriptive Feedback](#)

[Kid President](#)



**Provincial Outreach  
Program for the Early Years**



**Lisa Thomas**  
Program Manager &  
Teacher Consultant

[lisa@popey.ca](mailto:lisa@popey.ca)



**Jen Kelly**  
Teacher Consultant

[jen@popey.ca](mailto:jen@popey.ca)



**Calico Clark**  
Teacher Consultant

[calico@popey.ca](mailto:calico@popey.ca)



Connect with us online!



@POPEYBC



@popeybc

Blank lined area for notes or additional information.